

State of Connecticut
Department of Correction
Program Development

Alphabetical Listing of Programs for GATES CI

Addiction Services Aftercare Program

Description

The aftercare program is available to inmates following completion of Tier 3 or Tier 4 programs. It is designed to provide a continuum of care and maintenance of a recovery identity, which fosters independence, personal responsibility, and application of relapse prevention skills.

Facility:

Gates CI

Auspices:

Addiction Services

Types:

Addiction

Addiction Services Tier 2 Intensive Outpatient Program

Description

The Tier 2 Program is an intensive outpatient Addiction Services program with 30 curriculum sessions for 10 weeks. Group components are held three times weekly and incorporate weekly fellowship meetings to lay the foundation of basic substance abuse information, promote personal identification with recovery, and motivate further treatment involvement.

Facility:

Gates CI

Auspices:

Addiction Services

Types:

Addiction

Addiction Services Tier 3 Daycare Program

Description

The Tier 3 Program is a Addiction Services program with group components held four times a week for sixteen weeks (64 curriculum sessions), and weekly fellowship meetings.

As a part of the treatment plan, participants are expected to have a job or attend school when not attending groups. Treatment services are provided primarily in a group setting. Evaluation and, as needed, crisis intervention is conducted in individual counseling sessions.

Facility:

Gates CI

Auspices:

Addiction Services

Types:

Addiction

Adult Basic Education (ABE)

Description

ABE is the primary program of instruction designed to provide training in basic academic skills in the areas of reading, mathematics, language arts, general science and social studies. The program is directed toward increasing proficiency to the eighth grade level.

Facility:

Gates CI

Auspices:

USD#1

Types:

Academic Education

Alcoholics Anonymous

Description

This is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings, in a variety of formats (Big Book, Step Meetings, Speaker, etc.), are held on a weekly basis. Addiction Services staff coordinate the meetings and provide oversight for the program.

Facility:

Gates CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Alcoholics Anonymous - Spanish

Description

This program is conducted in Spanish. Alcoholics Anonymous is a 12-Step Fellowship self-help group for men and women who provide mutual support in obtaining and maintaining sobriety while also helping others to recover from alcoholism. Meetings are held on a weekly basis. Addiction Services staff coordinate the meetings and provide oversight for the program.

Facility:

Gates CI

Auspices:

Addiction Services

Types:

Addiction

Apprenticeship Programs

Description

Apprenticeships in concert with the Labor Department are offered in thirty-six programs at twelve sites. These programs range in length from six months to three years. Vocational students earn apprenticeship credit and upon completion of a program are awarded a prospective apprenticeship certificate by the Connecticut Labor Department.

Facility:

Gates CI

Auspices:

USD#1

Types:

Transition, Vocational Education

Beyond Fear

Description

This is an AIDS education program utilizing a curriculum, printed materials, and an educational video developed by the Department of Public Health. The program is delivered by a contracted outside agency, and funded through the Department of Public Health.

Facility:

Gates CI

Auspices:

Contracted Program, Health Services

Types:

Health Education

Bridging the Gap

Description

Alcoholics Anonymous is one of the most important self-help resources for alcoholic men and women. A very important first step for inmates being released into the community is attending the first meeting as soon as possible following release. Addiction Services staff in the institution utilize a toll-free telephone number to get information about the nearest AA meeting location, along with the name of a contact person. An AA member then will contact the inmate upon release and even provide transportation to a meeting.

Facility:

Gates CI

Auspices:

Addiction Services

Types:

Addiction

Catholic Mass

Description

This is the weekly Catholic worship service.

Facility:

Gates CI

Auspices:

Religious Services

Types:

Worship Services

Catholic Studies

Description

Participants in this program study materials from the Confirmation Lesson Plan Guide. This study prepares students for the sacrament of Confirmation.

Facility:

Gates CI

Auspices:

Religious Services

Types:

Religious

Choir

Description

Both Catholic and Protestant inmates are able to join choirs in their respective religious service. These choirs both enhance the religious liturgies and add a level of veneration to those services.

Facility:

Gates CI

Auspices:

Religious Services

Types:

Religious

Commercial Cleaning

Description

This thirty-week program focuses on basic and advanced commercial cleaning procedures. The program covers the chemistry of cleaning, handling of hazardous and infectious waste, and the basic cleaning procedures for floor, tile, carpeted areas and restrooms. In phase two, the student is taught advanced procedures for maintaining all types of surfaces, as well as the necessary skills to recognize and operate various types of equipment. Graduation from this program can assist inmates in obtaining a job in the community.

Facility:

Gates CI

Auspices:

USD#1

Types:

Vocational Education

Community Services Detail

Description

The Community Services Detail provides inmate labor to various state and local non-profit organizations. Examples of work performed are basic carpentry, painting, refinishing floors, grounds landscaping and maintenance. A cornerstone of the restorative justice concept, the community services detail provides enormous benefit to the community and to the inmate participants.

Facility:

Gates CI

Auspices:

Facility Staff

Types:

Community Work Group

Connecticut Works

Description

This is a statewide program with 18 offices in Connecticut. CT WORKS is a partnership among the Connecticut Department of Labor, regional Workforce Development Boards, and a number of state and community organizations. Its mission is to enhance the economic development by addressing the special employment and training needs of both job seekers and employers. This program is offered to inmates that are Veterans in need of job services.

Facility:

Gates CI

Auspices:

Facility Staff

Types:

Transition

Embracing Fatherhood

Description

Embracing Fatherhood is a program designed to assist incarcerated fathers in gaining awareness of the important role they play in the lives of their children. This awareness will enable participants to successfully embrace their roles as fathers and begin to build healthy lifestyles that will benefit both their children and them.

Facility:

Gates CI

Auspices:

Facility Staff, Volunteer Group

Types:

Family

Family Education & Parenting

Description

This program is designed to help inmates with children become responsible parents. Inmates have classes in parenting skills and in some cases read children's books into audio or video-cassettes to send home to their children. Components of the parenting skills classes include parenting from a distance, discipline techniques, and communicating with children.

Facility:

Gates CI

Auspices:

USD#1

Types:

Family

Free to Be Me

Description

This program provides offenders the opportunity to meet with a volunteer to define personal needs and to learn to develop a better understanding of self and spirit. Modeled after 12-step programs, a volunteer delivers one-to-one mentoring services guiding the offender to a more complete understanding of self and expectations from others. This program allows inmates the opportunity to combine faith and beliefs with a positive mental attitude for the future.

Facility:

Gates CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

General Educational Development (GED)

Description

The GED is the primary program of instruction for students functioning above an eighth grade level who wish to earn a State of Connecticut high school diploma through the examination process. GED Tutors and volunteers assist Department teachers by helping inmates prepare for the GED Exam and/or by helping to teach basic language skills.

Facility:

Gates CI

Auspices:

USD#1

Types:

Academic Education

Graphics & Print Technology

Description

The graphic arts/printing course is designed to provide students the opportunity to learn the skills necessary to work in the printing field. Students gain an understanding of the overall printing process to include graphics layout, design, production printing and binding.

Students concentrate on proper shop safety procedures, darkroom techniques and desktop publishing skills. Each student receives "hands on" instruction operating single color offset presses, two color-T-head presses, paper cutters and bindery equipment. Class theory work includes estimating material needs and costs, running small and large production companies, learning terminology related to the field and methods of managing quality control processes. Students learn basic equipment upkeep and care, as well as equipment problem diagnosis and minor equipment repair.

Facility:

Gates CI

Auspices:

USD#1

Types:

Vocational Education

HIV Counseling, Testing & Risk Reduction Education

Description

When inmates are tested for HIV, the department provides standardized counseling by Department of Public Health certified counselors before and after testing. Counseling components include what HIV and AIDS are, how to get it, how to avoid getting it, what it means to be HIV positive, how to take care of oneself if one is HIV positive, and help in dealing with the associated feelings.

Facility:

Gates CI

Auspices:

Health Services

Types:

Health Education

HIV Support Services

Description

The Department demonstrates a collaborative approach in providing HIV support services to inmates in all facilities. A UCONN (Contracted) Health Services Team coordinates testing and counseling services; the Department's School District conducts classroom instruction about HIV; the Department's Addiction Services Unit Counselors provide HIV education and prevention counseling; a number of volunteers serve as "buddies" or sponsors; and Hartford's Community Partners in Action (CPA) receives funding from foundations, grants as well as support from the state's Department of Mental Health and Addiction Services to operate the "Beyond Fear" Program. Altogether the Department hosts a complete program that includes counseling, testing, education focus groups, videos, intervention strategies and is able to assist discharging inmates with need for such services as housing, medical treatment, food, clothing and transportation.

Facility:

Gates CI

Auspices:

Health Services

Types:

Health Education

Islamic (Quran) Study

Description

Quran readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Islamic principles.

Facility:

Gates CI

Auspices:

Religious Services

Types:

Religious

Jewish Worship and Torah Studies

Description

Jewish Worship services and Torah studies are conducted weekly. During the Holy Days, services are celebrated under the supervision of the Religious Coordinator.

Facility:

Gates CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious, Worship Services

Jumah

Description

Jumah is the weekly Muslim worship service.

Facility:

Gates CI

Auspices:

Religious Services

Types:

Worship Services

Narcotics Anonymous

Description

Narcotics Anonymous is a twelve-step fellowship of addicts helping addicts to recover from the disease of addiction. Meetings, in a variety of formats (Step Meetings, Speaker, Speaker/Discussion, etc.), are held on a weekly basis. The meetings are usually conducted by outside volunteers who share their story of addiction and recovery. Addiction Services staff coordinate the meetings and provide oversight for the program.

Facility:

Gates CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Parenting: The Extended You

Description

The Extended You is a program designed for fathers, which is presented in fourteen one-hour sessions. Through videos, discussions and lectures, the inmates learn how to become a more effective and confident parent. Some of the subjects discussed are family dynamics, emotional development, understanding misbehavior, the effects of incarceration on families and building trust.

Facility:

Gates CI

Auspices:

Facility Staff

Types:

Family

Peer Mentor Program

Description

Peer Mentors are Tier program graduates who assist Addiction Services staff in the presentation of Tier program groups and 12-Step Fellowship groups. The primary purpose of Peer Mentors is to model a recovery lifestyle for other program participants. Weekly training meetings are required for all Peer Mentors.

Facility:

Gates CI

Auspices:

Addiction Services

Types:

Addiction

Post-Secondary Programs

Description

College and Correspondence Courses are offered in an effort to encourage or prepare students for ongoing educational opportunities (Students pay a tuition and book fee for college courses). One of the main goals is to be able to provide well-behaved inmates an opportunity to be engaged in self-development.

Facility:

Gates CI

Auspices:

USD#1

Types:

Academic Education

Project Reach

Description

Project Reach is a facility based community outreach program designed to challenge young people in our communities to make positive choices in their lives. Through the use of oral presentations by inmate participants, the audience is invited to explore their own behaviors and the likely consequences of poor choices. This program is conducted by correctional counselors and correctional officers and approximately fifteen inmates. These inmates are carefully screened and trained in order that presentations are appropriate and conducive to the purpose of the programs.

Facility:

Gates CI

Auspices:

Facility Staff

Types:

Community Service

Protestant Bible Study

Description

Biblical readings are reviewed with inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facility:

Gates CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Protestant Bible Study (Spanish)

Description

Biblical readings are reviewed with Spanish inmates. The goal of this program is to help inmates develop self-awareness and personal growth based on Christian principles.

Facility:

Gates CI

Auspices:

Religious Services, Volunteer Services

Types:

Religious

Protestant Service

Description

This is the weekly Protestant worship service.

Facility:

Gates CI

Auspices:

Religious Services, Volunteer Services

Types:

Worship Services

Protestant Service (Spanish)

Description

This is the weekly Protestant worship service conducted in Spanish.

Facility:

Gates CI

Auspices:

Religious Services, Volunteer Services

Types:

Worship Services

Public Speaking

Description

This program is modeled after (Toastmasters International), can accommodate up to twenty (20) inmates and will be conducted weekly. It is open ended and inmates can join in as others exit. The program is designed to develop the art of speaking, listening and thinking to promote self-esteem, enhance leadership potential and foster human understanding in a positive and supportive learning environment.

Facility:

Gates CI

Auspices:

Facility Staff, Volunteer Services

Types:

Self Improvement

Read to Your Children

Description

This program is designed to foster a bond between a child and his/her incarcerated parent. USD#1 creates and maintains a collection of children's books. Inmates can select from a book and read to their child during regular visiting hours. In some cases, inmates enrolled in school can read a book and be videotaped and then send the tape and book to the child.

Facility:

Gates CI

Auspices:

USD#1

Types:

Family

Special Education and Pupil Services

Description

The special education teachers, pupil services specialists (School Psychologists, School Counselors, School Social Workers), and the associated clerical and durational staff provide services to students with handicapping conditions which interfere with their ability to participate in school. These services are mandated by federal (Individuals with Disabilities Education Act Amendments of 1997) and state (Connecticut General Statutes 10-76) statute. Special education services encompass a broad array of activities including assessment, counseling, transition planning, and both the direct and indirect (e.g. consultation) services of the special education teachers and pupil services staff. Student programs are designed according to the individual needs of each student with disabilities and are specified in an Individualized Education Plan (IEP.)

Facility:

Gates CI

Auspices:

USD#1

Types:

Academic Education

Sponsorship Behind the Walls

Description

This program is designed for inmates participating in a 12-step recovery program. It enables participants to write to an outside sponsor in order to work the 12 steps of recovery.

Facility:

Gates CI

Auspices:

Addiction Services, Volunteer Services

Types:

Addiction

Strive Program

Description

STRIVE is a program operated by a number not-for-profit affiliates. Its main goal is to help people get and keep jobs. STRIVE emphasizes developing the kinds of attitudes that are necessary to get and keep a job. It actively assists in job placement for graduates and offers two-year long-term post placement support to help its graduates with whatever problem that threatens their continued success. In this collaborative effort, STRIVE and the Department of Correction staff enrolls the inmates in an intensive three-week program, to begin upon discharge from the facility. The objective of this collaborative program is to keep the participants from returning to the Department of Correction by helping them change their attitude, get a job, and keep the job.

Facility:

Gates CI

Auspices:

Facility Staff, Volunteer Group

Types:

Transition

Taking Care

Description

This is a ten-week parenting program that focuses on fathers. It teaches effective communication and problem solving skills for issues related to family.

Facility:

Gates CI

Auspices:

Facility Staff

Types:

Family

Teaching English to Speakers of Other Languages (TESOL)

Description

TESOL is an instructional program for students whose primary language is not English. TESOL instruction helps students to speak, read and write English or assists them in developing the language skills necessary for overall academic and vocational progress.

Facility:

Gates CI

Auspices:

USD#1

Types:

Academic Education

Tech Prep Program

Description

This is a program that offers opportunities for high school students to earn college credits through work with Community Colleges and USD#1 teachers.

Facility:

Gates CI

Auspices:

USD#1

Types:

Vocational Education

Thinking for a Change

Description

This cognitive behavior program was developed by the National Institute of Corrections. It is designed to help inmates change the way they think, help inmates develop improved social skills, and help inmates learn problem-solving skills. Research links successful completion of such programs to reduced recidivism.

Facility:

Gates CI

Auspices:

Facility Staff

Types:

Self Improvement, Youth CDU

Transition/School to Work

Description

The Transition/School to Work program's mission is to place participating students in employment and/or vocational/educational programs and to provide each student with a needs-based transition plan prior to his/her release to maximize potential for successful re-entry into society. School-based and work-based learning opportunities are provided through job and resource fairs, employment skills curriculum, sessions with transition counselors and meetings with a transition coordinator. A USD#1 brochure describing this program is available.

Facility:

Gates CI

Auspices:

USD#1

Types:

Transition

Transitional Linkage into the Community (TLC)

Description

Transitional Linkage into the Community (TLC) is a program of Community Partners in Action which provides discharge planning for inmates with HIV/AIDS. TLC serves every prison and jail in the state, and works with clients returning to every region of the state. TLC case managers meet clients' emergency needs upon release, and connect them with services in their local communities for continuing care and assistance.

Facility:

Gates CI

Auspices:

Contracted Program, Health Services

Types:

Health Education, Transition

V.O.I.C.E.S. (Victim Offender Institutional Correctional Educational Services)

Description

Volunteers support the Department's V.O.I.C.E.S. Program. It is designed to broaden inmates' understanding and sensitivity to the impact of their crime on others.

Facility:

Gates CI

Auspices:

Facility Staff, Victim Services, Volunteer Services

Types:

Domestic Violence, Victim

Victim-Offender Dialogue

Description

For a variety of reasons, it is sometimes helpful for victims to meet with offenders. The department's Victim Services Unit evaluates and when appropriate facilitates this dialogue. The process is designed to achieve the objectives of restorative justice, healing the victim, and confronting and holding the offender accountable. Although this process can often be very helpful to the inmate, all such dialogues are initiated at the request of victims.

Facility:

Gates CI

Auspices:

Facility Staff, Victim Services

Types:

Domestic Violence, Victim

Work Readiness

Description

This is an eight-week program provided by USD #1. The course focuses on job search, resume writing, and other necessary work readiness subjects.

Facility:

Gates CI

Auspices:

USD#1

Types:

Transition

Youth Offender Program

Description

Through the use of federal funds, post-secondary education and transition services are provided to "youth offenders" up to the age of 26 who are eligible for parole or release within five years. A transition counselor provides assistance and counseling to encourage participants to acquire functional literacy as well as life/job skills while in prison. Students participate in post-secondary classes, complete portfolios, and develop transition plans and placement.

Facility:

Gates CI

Auspices:

USD#1

Types:

Academic Education, Vocational Education